

# PHYSICAL EXAM

## Mucous Membranes:

Pink and moist.

## Capillary Refill Time:

<2 seconds.

## Respiration:

12-24 breaths per minute

## Skin Tent:

Pinched skin should return to normal shape in 2 seconds if patient is well hydrated

## Digital Pulses:

Strong pulses may indicate hoof inflammation (laminitis, abscess, sole bruising, etc.)

## Gut Sounds:

Movement should be audible in all 4 quadrants.

## Temperature:

99.5-101.5°F

## Pulse:

24-40 beats per minute

## Baseline TPR

T:

P:

R:

## Common Mistakes When Monitoring Vital Signs:

*Allowing the horse to sniff your hand to measure respiration rate.  
Not regularly practicing on your horse to know what is normal.  
Double-counting heartbeats (lub-dub=one beat).*

*Not leaving the thermometer in long enough (false low-temperature reading).  
Taking vital signs on a nervous horse (horses' pulse and respiration rates can increase dramatically if they are nervous).*

# EMERGENCY CONTACT LIST



**HORSE'S NAME (Barn Name):**

**OWNER:**

**TRAINER:**

**EMERGENCY CONTACT:**

**PRIMARY VETERINARIAN:**

**STARWOOD EQUINE VETERINARY SERVICES | 650-275-3091**

**VETERINARY HOSPITAL:**

UC Davis | 530-752-6433  
1130 Equine Ln, Davis CA 95616

**HAULER #1:**

**HAULER #2:**

**EQUINE DISEASE COMMUNICATION CENTER (EDCC)**

<http://equinediseasecc.org/>

**EMERGENCY BOARDING (Contact for Availability):**

Premier Equine Center | 209-602-8702  
SMC Large Animal Rescue Group | <http://smcmsar.org/LARIntro.html>

**LARGE ANIMAL RESCUE GROUP (LAEG):**

During an ordered evacuation you can call the Office of Emergency Services and request assistance from LAEG. 650-363-4790

**SAN MATEO COUNTY ALERT SYSTEM:**

<http://hsd.smcsheriff.com/smcalert>

**ALAMEDA COUNTY ALERT SYSTEM:**

<https://www.acgov.org/emergencysite/>

**EMERGENCY RADIO STATIONS:**

-KCBS 740 AM, San Francisco  
-KQED 88.5 FM, San Francisco